

Lifestyle and health

Betsi Cadwaladr University Health Board



The lifestyle patterns of people living in the Betsi Cadwaladr University Health Board area are generally similar to the average for Wales. However, there is local variation within the large and diverse population and some issues of concern, particularly smoking, alcohol and drug misuse.

Less than a third of adults achieve guideline levels of physical activity and healthy eating, and over half of adults are overweight or obese. Nonetheless, these levels are generally better than in Wales as a whole. Dental health in young children is also better than the Wales average.

Almost one in four adults smoke, with around 1,300 deaths attributable to smoking in the area every year. The percentage of smokers contacting Stop Smoking Wales varies widely across local authority areas.

Women living in Conwy and Denbighshire have high rates of hospital admissions linked to alcohol. This is despite reported levels of drinking above guidelines being similar to the Wales average. Men on the Isle of Anglesey have the highest rate of drug-related admissions in Wales, and rates are also high among women living in Gwynedd and Wrexham.

Compared to Wales

- Statistically significantly worse
- Not statistically significantly different
- Statistically significantly better

Adults who eat fruit & vegetables (5-a-day) (%) ^{a, 1}
 Adults who meet physical activity guidelines (%) ^{a, 1}
 Adults who are overweight or obese (%) ^{a, 1}

Adults who smoke (%) ^{a, 1}

Death rate from smoking (males) ^{a, b, 2, 3}

Death rate from smoking (females) ^{a, b, 2, 3}

Smokers contacting Stop Smoking Wales (%) ^{a, c}

Adults who drink alcohol above guidelines (%) ^{a, 1}

Hospital admission rate due to alcohol (males) ^{d, 2, 3}

Hospital admission rate due to alcohol (females) ^{d, 2, 3}

Death rate from alcohol (males) ^{b, 2, 3}

Death rate from alcohol (females) ^{b, 2, 3}

Hospital admission rate due to drugs (males) ^{d, 3, 4}

Hospital admission rate due to drugs (females) ^{d, 3, 4}

Teenage conception rate per 1,000 (under 16s) ^b

No. of decayed, missing or filled teeth (5-year-olds) ^e

	WALES	Isle of Anglesey	Gwynedd	Conwy	Denbighshire	Flintshire	Wrexham	Betsi Cadwaladr	Annual number in health board
Adults who eat fruit & vegetables (5-a-day) (%) ^{a, 1}	36	42	42	41	38	37	29	37	-
Adults who meet physical activity guidelines (%) ^{a, 1}	30	33	35	31	34	30	30	32	-
Adults who are overweight or obese (%) ^{a, 1}	57	56	55	53	54	55	53	54	-
Adults who smoke (%) ^{a, 1}	24	23	22	23	28	24	23	24	-
Death rate from smoking (males) ^{a, b, 2, 3}	340	334	312	301	341	329	367	329	810
Death rate from smoking (females) ^{a, b, 2, 3}	155	135	131	140	161	161	173	150	530
Smokers contacting Stop Smoking Wales (%) ^{a, c}	2.6	3.0	0.6	2.4	2.1	3.3	1.8	2.2	2900
Adults who drink alcohol above guidelines (%) ^{a, 1}	45	41	47	41	42	45	42	43	-
Hospital admission rate due to alcohol (males) ^{d, 2, 3}	1940	2064	1959	1974	1911	1817	1588	1855	7490
Hospital admission rate due to alcohol (females) ^{d, 2, 3}	1073	1059	1103	1154	1141	1006	937	1057	4740
Death rate from alcohol (males) ^{b, 2, 3}	43	40	41	50	48	42	41	43	170
Death rate from alcohol (females) ^{b, 2, 3}	17	19	18	23	19	18	19	19	90
Hospital admission rate due to drugs (males) ^{d, 3, 4}	171	331	197	184	166	105	162	173	340
Hospital admission rate due to drugs (females) ^{d, 3, 4}	112	131	160	114	106	102	143	125	250
Teenage conception rate per 1,000 (under 16s) ^b	8.1	6.2	6.5	8.9	6.3	6.0	11.2	7.6	100
No. of decayed, missing or filled teeth (5-year-olds) ^e	2.4	1.8	2.3	1.6	1.8	1.8	2.0	1.9	-

For more details, see Indicator Guide at www.publichealthwales.org • Latest available years shown in brackets; some indicators combine multiple years

a Welsh Health Survey (2008); b ONS (2007); c Stop Smoking Wales (2008/09); d PEDW (2008); e Welsh Oral Health Information Unit (2005/06)

1 Age-standardised; 2 Attributable deaths/admissions; 3 Age-standardised rate per 100,000; 4 Individuals with diagnosis directly related to illicit drugs

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Lifestyle and health

Abertawe Bro Morgannwg University Health Board

Lifestyle indicators in the Abertawe Bro Morgannwg University Health Board area are generally worse than, or similar to, the Wales average.

Almost one in four people smoke, leading to around 1,000 deaths per year within the health board area.

There is considerable variation in dental health. Five year-olds in Neath Port Talbot have more decayed, missing or filled teeth than the Wales average, whilst the figure for Bridgend is lower than the average.

Overall, only a third of people eat the recommended amount of fruit and vegetables. The picture is similar

for physical activity. Improving diet and physical activity are essential to reducing the high proportions of people who are overweight or obese.

Hospital admissions due to alcohol and drugs are more common than in Wales as a whole, with particularly high levels found in Swansea. Also, the Welsh Health Survey reports that nearly half the population of the health board area drinks more alcohol than the recommended limits. In total, nearly 10,000 hospital admissions and 190 deaths are caused by alcohol each year.

Compared to Wales

- Statistically significantly worse
- Not statistically significantly different
- Statistically significantly better

Adults who eat fruit & vegetables (5-a-day) (%) ^{a, 1}	36	36	34	27	33	-
Adults who meet physical activity guidelines (%) ^{a, 1}	30	27	26	30	28	-
Adults who are overweight or obese (%) ^{a, 1}	57	56	61	59	58	-
Adults who smoke (%) ^{a, 1}	24	24	25	23	24	-
Death rate from smoking (males) ^{a, b, 2, 3}	340	355	358	359	355	600
Death rate from smoking (females) ^{a, b, 2, 3}	155	157	173	167	164	380
Smokers contacting Stop Smoking Wales (%) ^{a, c}	2.6	5.2	2.5	3.7	4.0	3950
Adults who drink alcohol above guidelines (%) ^{a, 1}	45	49	48	49	49	-
Hospital admission rate due to alcohol (males) ^{d, 2, 3}	1940	2130	2292	2015	2141	6130
Hospital admission rate due to alcohol (females) ^{d, 2, 3}	1073	1122	1201	1012	1114	3680
Death rate from alcohol (males) ^{b, 2, 3}	43	47	43	48	46	130
Death rate from alcohol (females) ^{b, 2, 3}	17	18	14	18	17	60
Hospital admission rate due to drugs (males) ^{d, 3, 4}	171	301	194	138	230	350
Hospital admission rate due to drugs (females) ^{d, 3, 4}	112	154	123	91	129	200
Teenage conception rate per 1,000 (under 16s) ^b	8.1	6.1	9.8	9.3	8.0	70
No. of decayed, missing or filled teeth (5-year-olds) ^e	2.4	2.6	3.0	1.8	2.5	-

	WALES	Swansea	Neath Port Talbot	Bridgend	Abertawe Bro Morgannwg	Annual number in health board
Adults who eat fruit & vegetables (5-a-day) (%) ^{a, 1}	36	36	34	27	33	-
Adults who meet physical activity guidelines (%) ^{a, 1}	30	27	26	30	28	-
Adults who are overweight or obese (%) ^{a, 1}	57	56	61	59	58	-
Adults who smoke (%) ^{a, 1}	24	24	25	23	24	-
Death rate from smoking (males) ^{a, b, 2, 3}	340	355	358	359	355	600
Death rate from smoking (females) ^{a, b, 2, 3}	155	157	173	167	164	380
Smokers contacting Stop Smoking Wales (%) ^{a, c}	2.6	5.2	2.5	3.7	4.0	3950
Adults who drink alcohol above guidelines (%) ^{a, 1}	45	49	48	49	49	-
Hospital admission rate due to alcohol (males) ^{d, 2, 3}	1940	2130	2292	2015	2141	6130
Hospital admission rate due to alcohol (females) ^{d, 2, 3}	1073	1122	1201	1012	1114	3680
Death rate from alcohol (males) ^{b, 2, 3}	43	47	43	48	46	130
Death rate from alcohol (females) ^{b, 2, 3}	17	18	14	18	17	60
Hospital admission rate due to drugs (males) ^{d, 3, 4}	171	301	194	138	230	350
Hospital admission rate due to drugs (females) ^{d, 3, 4}	112	154	123	91	129	200
Teenage conception rate per 1,000 (under 16s) ^b	8.1	6.1	9.8	9.3	8.0	70
No. of decayed, missing or filled teeth (5-year-olds) ^e	2.4	2.6	3.0	1.8	2.5	-

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Lifestyle and health

Aneurin Bevan Health Board

Aneurin Bevan Health Board serves a mixture of affluent and deprived areas. This is reflected in the wide range of lifestyle patterns and health outcomes shown at local authority level.

However, in all local authorities within the area, more than half the population is overweight or obese. This is mirrored by low levels of physical activity, and only a third of people in the overall health board area meet the guidelines for fruit and vegetable intake.

Rates of smoking, and drinking above guidelines, are similar in the health board area to the Wales average.

Yet more than 1,000 deaths and 10,000 hospital admissions each year are caused by smoking and alcohol respectively. Although numbering over 400 per year, rates of hospital admissions due to drugs are generally low, except in men living in Blaenau Gwent.

Teenage conception rates are high in Caerphilly and Torfaen, with an annual total for the health board area of around 100 conceptions in under-16s. Dental health is also a concern, particularly in Blaenau Gwent and Torfaen.

Compared to Wales

- Statistically significantly worse
- Not statistically significantly different
- Statistically significantly better

Indicator	Wales	Caerphilly	Blaenau Gwent	Torfaen	Monmouthshire	Newport	Aneurin Bevan	Annual number in health board
Adults who eat fruit & vegetables (5-a-day) (%) ^{a, 1}	36	34	27	35	40	33	34	-
Adults who meet physical activity guidelines (%) ^{a, 1}	30	28	27	27	29	28	28	-
Adults who are overweight or obese (%) ^{a, 1}	57	62	64	60	54	60	60	-
Adults who smoke (%) ^{a, 1}	24	26	29	28	19	25	25	-
Death rate from smoking (males) ^{a, b, 2, 3}	340	379	413	359	272	334	350	640
Death rate from smoking (females) ^{a, b, 2, 3}	155	175	212	135	118	160	159	400
Smokers contacting Stop Smoking Wales (%) ^{a, c}	2.6	2.0	2.8	2.1	2.4	2.5	2.3	2660
Adults who drink alcohol above guidelines (%) ^{a, 1}	45	45	47	46	46	45	45	-
Hospital admission rate due to alcohol (males) ^{d, 2, 3}	1940	2095	2654	1947	1539	2037	2033	6330
Hospital admission rate due to alcohol (females) ^{d, 2, 3}	1073	1160	1530	1161	950	1107	1157	4110
Death rate from alcohol (males) ^{b, 2, 3}	43	42	46	36	28	37	38	120
Death rate from alcohol (females) ^{b, 2, 3}	17	17	22	14	11	15	16	60
Hospital admission rate due to drugs (males) ^{d, 3, 4}	171	121	261	106	125	181	152	250
Hospital admission rate due to drugs (females) ^{d, 3, 4}	112	89	106	91	82	128	100	170
Teenage conception rate per 1,000 (under 16s) ^b	8.1	8.9	9.9	10.6	6.8	8.3	8.8	100
No. of decayed, missing or filled teeth (5-year-olds) ^e	2.4	2.7	4.0	3.4	1.9	2.2	2.7	-

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Lifestyle and health

Cardiff and Vale University Health Board

There is a mixed pattern of lifestyle behaviours within residents of the Cardiff and Vale University Health Board area. This may reflect the fact that it includes some of the most and least deprived parts of Wales.

The percentage of people in Cardiff eating five portions of fruit or vegetables a day is higher than in Wales as a whole, but levels of physical activity are low. More than half the population is overweight or obese, though figures are still better than the Wales average.

Around one in four people are smokers, leading to nearly 700 deaths each year. The proportion of smokers contacting Stop Smoking Wales is also low compared to other areas in Wales.

Nearly half of people living in the area drink more alcohol than guidelines recommend, contributing to around 7,500 hospital admissions and 150 deaths per year. There also seems to be a particular pattern of admissions due to drug misuse in females, with a high rate in both Cardiff and the Vale of Glamorgan.

Compared to Wales

- Statistically significantly worse
- Not statistically significantly different
- Statistically significantly better

Indicator	Wales	The Vale of Glamorgan	Cardiff	Cardiff & Vale	Annual number in health board
Adults who eat fruit & vegetables (5-a-day) (%) ^{a, 1}	36	35	40	39	-
Adults who meet physical activity guidelines (%) ^{a, 1}	30	29	27	28	-
Adults who are overweight or obese (%) ^{a, 1}	57	53	53	53	-
Adults who smoke (%) ^{a, 1}	24	26	23	24	-
Death rate from smoking (males) ^{a, b, 2, 3}	340	292	346	328	410
Death rate from smoking (females) ^{a, b, 2, 3}	155	150	148	148	270
Smokers contacting Stop Smoking Wales (%) ^{a, c}	2.6	0.6	1.2	1.0	880
Adults who drink alcohol above guidelines (%) ^{a, 1}	45	49	49	49	-
Hospital admission rate due to alcohol (males) ^{d, 2, 3}	1940	1904	2024	1982	4550
Hospital admission rate due to alcohol (females) ^{d, 2, 3}	1073	1098	1115	1104	2970
Death rate from alcohol (males) ^{b, 2, 3}	43	40	46	44	100
Death rate from alcohol (females) ^{b, 2, 3}	17	15	18	17	50
Hospital admission rate due to drugs (males) ^{d, 3, 4}	171	126	175	160	240
Hospital admission rate due to drugs (females) ^{d, 3, 4}	112	146	134	135	210
Teenage conception rate per 1,000 (under 16s) ^b	8.1	7.3	7.5	7.5	60
No. of decayed, missing or filled teeth (5-year-olds) ^e	2.4	2.3	2.1	2.2	-

	Wales	The Vale of Glamorgan	Cardiff	Cardiff & Vale	Annual number in health board
Adults who eat fruit & vegetables (5-a-day) (%) ^{a, 1}	36	35	40	39	-
Adults who meet physical activity guidelines (%) ^{a, 1}	30	29	27	28	-
Adults who are overweight or obese (%) ^{a, 1}	57	53	53	53	-
Adults who smoke (%) ^{a, 1}	24	26	23	24	-
Death rate from smoking (males) ^{a, b, 2, 3}	340	292	346	328	410
Death rate from smoking (females) ^{a, b, 2, 3}	155	150	148	148	270
Smokers contacting Stop Smoking Wales (%) ^{a, c}	2.6	0.6	1.2	1.0	880
Adults who drink alcohol above guidelines (%) ^{a, 1}	45	49	49	49	-
Hospital admission rate due to alcohol (males) ^{d, 2, 3}	1940	1904	2024	1982	4550
Hospital admission rate due to alcohol (females) ^{d, 2, 3}	1073	1098	1115	1104	2970
Death rate from alcohol (males) ^{b, 2, 3}	43	40	46	44	100
Death rate from alcohol (females) ^{b, 2, 3}	17	15	18	17	50
Hospital admission rate due to drugs (males) ^{d, 3, 4}	171	126	175	160	240
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Teenage conception rate per 1,000 (under 16s) ^b	8.1	7.3	7.5	7.5	60
No. of decayed, missing or filled teeth (5-year-olds) ^e	2.4	2.3	2.1	2.2	-

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Lifestyle and health

Cwm Taf Health Board



Many parts of the South Wales valleys are economically deprived, with low levels of employment and educational attainment. These factors, along with other aspects of the physical environment, impact on the lifestyles of people living in the Cwm Taf Health Board area.

Merthyr Tydfil has the highest rate of smoking of all local authority areas in Wales. Across the health board area, a total of over 600 deaths per year are caused by smoking. Dental health is also a concern, with high rates of decayed, missing or filled teeth in five year-olds.

Rhondda Cynon Taf and Merthyr Tydfil have similarly low levels of fruit and vegetable intake. Six out of ten people are overweight or obese in both areas, and teenage conception rates are amongst the highest in Wales. Around 5,500 hospital admissions and 110 deaths per year in the health board area are caused by alcohol. This is despite reported levels of drinking above guidelines being similar to the Wales average.

These figures present considerable challenges to communities and services within the Cwm Taf Health Board area.

Compared to Wales

- Statistically significantly worse
- Not statistically significantly different
- Statistically significantly better

Indicator	Wales	Rhondda Cynon Taf	Merthyr Tydfil	Cwm Taf	Annual number in health board
Adults who eat fruit & vegetables (5-a-day) (%) ^{a, 1}	36	31	30	31	-
Adults who meet physical activity guidelines (%) ^{a, 1}	30	26	31	27	-
Adults who are overweight or obese (%) ^{a, 1}	57	62	60	62	-
Adults who smoke (%) ^{a, 1}	24	24	31	25	-
Death rate from smoking (males) ^{a, b, 2, 3}	340	409	422	411	370
Death rate from smoking (females) ^{a, b, 2, 3}	155	190	233	198	260
Smokers contacting Stop Smoking Wales (%) ^{a, c}	2.6	2.7	4.1	3.0	1810
Adults who drink alcohol above guidelines (%) ^{a, 1}	45	44	44	44	-
Hospital admission rate due to alcohol (males) ^{d, 2, 3}	1940	2082	2465	2156	3410
Hospital admission rate due to alcohol (females) ^{d, 2, 3}	1073	1100	1341	1146	2090
Death rate from alcohol (males) ^{b, 2, 3}	43	48	52	48	70
Death rate from alcohol (females) ^{b, 2, 3}	17	18	23	19	40
Hospital admission rate due to drugs (males) ^{d, 3, 4}	171	178	227	187	170
Hospital admission rate due to drugs (females) ^{d, 3, 4}	112	77	89	79	70
Teenage conception rate per 1,000 (under 16s) ^b	8.1	12.0	11.0	11.8	70
No. of decayed, missing or filled teeth (5-year-olds) ^e	2.4	2.6	3.9	2.9	-

Indicator	Wales	Rhondda Cynon Taf	Merthyr Tydfil	Cwm Taf	Annual number in health board
Adults who eat fruit & vegetables (5-a-day) (%) ^{a, 1}	36	31	30	31	-
Adults who meet physical activity guidelines (%) ^{a, 1}	30	26	31	27	-
Adults who are overweight or obese (%) ^{a, 1}	57	62	60	62	-
Adults who smoke (%) ^{a, 1}	24	24	31	25	-
Death rate from smoking (males) ^{a, b, 2, 3}	340	409	422	411	370
Death rate from smoking (females) ^{a, b, 2, 3}	155	190	233	198	260
Smokers contacting Stop Smoking Wales (%) ^{a, c}	2.6	2.7	4.1	3.0	1810
Adults who drink alcohol above guidelines (%) ^{a, 1}	45	44	44	44	-
Hospital admission rate due to alcohol (males) ^{d, 2, 3}	1940	2082	2465	2156	3410
Hospital admission rate due to alcohol (females) ^{d, 2, 3}	1073	1100	1341	1146	2090
Death rate from alcohol (males) ^{b, 2, 3}	43	48	52	48	70
Death rate from alcohol (females) ^{b, 2, 3}	17	18	23	19	40
Hospital admission rate due to drugs (males) ^{d, 3, 4}	171	178	227	187	170
Hospital admission rate due to drugs (females) ^{d, 3, 4}	112	77	89	79	70
Teenage conception rate per 1,000 (under 16s) ^b	8.1	12.0	11.0	11.8	70
No. of decayed, missing or filled teeth (5-year-olds) ^e	2.4	2.6	3.9	2.9	-

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Lifestyle and health

Hywel Dda Health Board



People living in the area served by Hywel Dda Health Board have generally healthier lifestyles than is typical across Wales. Yet there are still challenges to be addressed. For example, nearly six out of ten adults are either overweight or obese. This is despite better-than-average levels of physical activity and fruit and vegetable intake.

Around one in five adults smoke, leading to over 700 deaths each year. Although the rate of such deaths is lower than in Wales as a whole, the effects of smoking present continuing challenges to service

providers in the area. Similarly, over 6,300 hospital admissions each year are caused by alcohol, despite the rate in every local authority area being lower than the Wales average. There are also around 200 patients admitted to hospital each year because of drug misuse.

Teenage conceptions are less common in Hywel Dda than in other parts of Wales. Dental health in children is also comparatively good. The average of around two decayed, missing or filled teeth in five year-olds, however, remains a cause of concern.

Compared to Wales

- Statistically significantly worse
- Not statistically significantly different
- Statistically significantly better

	WALES	Ceredigion	Pembrokeshire	Carmarthenshire	Hywel Dda	Annual number in health board
Adults who eat fruit & vegetables (5-a-day) (%) ^{a, 1}	36	42	40	38	40	-
Adults who meet physical activity guidelines (%) ^{a, 1}	30	32	35	30	32	-
Adults who are overweight or obese (%) ^{a, 1}	57	54	59	60	58	-
Adults who smoke (%) ^{a, 1}	24	22	23	21	22	-
Death rate from smoking (males) ^{a, b, 2, 3}	340	252	309	356	319	460
Death rate from smoking (females) ^{a, b, 2, 3}	155	104	135	148	135	270
Smokers contacting Stop Smoking Wales (%) ^{a, c}	2.6	1.7	2.4	3.9	2.9	1960
Adults who drink alcohol above guidelines (%) ^{a, 1}	45	43	41	36	39	-
Hospital admission rate due to alcohol (males) ^{d, 2, 3}	1940	1335	1817	1857	1732	3960
Hospital admission rate due to alcohol (females) ^{d, 2, 3}	1073	698	999	994	929	2400
Death rate from alcohol (males) ^{b, 2, 3}	43	34	48	47	44	100
Death rate from alcohol (females) ^{b, 2, 3}	17	17	17	15	16	40
Hospital admission rate due to drugs (males) ^{d, 3, 4}	171	65	77	175	119	120
Hospital admission rate due to drugs (females) ^{d, 3, 4}	112	57	72	106	83	90
Teenage conception rate per 1,000 (under 16s) ^b	8.1	6.5	7.8	5.8	6.6	50
No. of decayed, missing or filled teeth (5-year-olds) ^e	2.4	1.7	2.3	2.2	2.1	-

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Lifestyle and health

Powys Teaching Health Board

People who live in Powys generally have healthier lifestyles than the average for Wales. However, there are still many challenges to address.

Levels of physical activity are the best in Wales, but only 37% of people are meeting the guidelines. Linked to this, more than half of adults in Powys are overweight or obese. Around 250 deaths a year in people aged 35 and over are attributable to smoking, which is one in six of all deaths in this age group. This is despite the rate of smoking being lower than in any other health board area.

Fewer people report drinking above guideline amounts compared to Wales as a whole. Rates of hospital admissions linked to alcohol are also the lowest within all health boards. Yet a yearly average of over 2,000 admissions represents a considerable burden on the health service.

The population of Powys is widely spread across a large geographical area. This causes difficulties in delivering services both to support lifestyle choices and to respond to the resulting health outcomes.

Compared to Wales

- Statistically significantly worse
- Not statistically significantly different
- Statistically significantly better

	WALES	Powys	Annual number in health board	Ceredigion (for comparison)	Carmarthenshire (for comparison)
Adults who eat fruit & vegetables (5-a-day) (%) ^{a, 1}	36	39	-	42	38
Adults who meet physical activity guidelines (%) ^{a, 1}	30	37	-	32	30
Adults who are overweight or obese (%) ^{a, 1}	57	54	-	54	60
Adults who smoke (%) ^{a, 1}	24	18	-	22	21
Death rate from smoking (males) ^{a, b, 2, 3}	340	277	160	252	356
Death rate from smoking (females) ^{a, b, 2, 3}	155	121	90	104	148
Smokers contacting Stop Smoking Wales (%) ^{a, c}	2.6	4.9	930	1.7	3.9
Adults who drink alcohol above guidelines (%) ^{a, 1}	45	43	-	43	36
Hospital admission rate due to alcohol (males) ^{d, 2, 3}	1940	1489	1310	1335	1857
Hospital admission rate due to alcohol (females) ^{d, 2, 3}	1073	903	850	698	994
Death rate from alcohol (males) ^{b, 2, 3}	43	29	20	34	47
Death rate from alcohol (females) ^{b, 2, 3}	17	17	20	17	15
Hospital admission rate due to drugs (males) ^{d, 3, 4}	171	98	30	65	175
Hospital admission rate due to drugs (females) ^{d, 3, 4}	112	88	30	57	106
Teenage conception rate per 1,000 (under 16s) ^b	8.1	5.8	20	6.5	5.8
No. of decayed, missing or filled teeth (5-year-olds) ^e	2.4	2.1	-	1.7	2.2

For more details, see Indicator Guide at www.publichealthwales.org • Latest available years shown in brackets; some indicators combine multiple years
 a Welsh Health Survey (2008); b ONS (2007); c Stop Smoking Wales (2008/09); d PEDW (2008); e Welsh Oral Health Information Unit (2005/06)

1 Age-standardised; 2 Attributable deaths/admissions; 3 Age-standardised rate per 100,000; 4 Individuals with diagnosis directly related to illicit drugs

Profiles have been created for all seven Health Boards, along with a longer Wales profile - see website www.publichealthwales.org



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